

UU Buddhist Fellowship - Convocation 2017

Schedule

Friday

- 4pm Registration opens (sign up for workshops, and mealtime Affinity Groups)
Please do not arrive earlier – Main Entrance at Wright Hall
- 5:15pm Welcome and Orientation by Menucha Retreat Center and UUBF Board,
intro to workshop leaders – Wright Hall
- 6:00pm Dinner (optional Affinity Gatherings at each meal with cards on tables) – Main Dining Hall
- 7:00pm Opening Ceremony/Worship– Revs. Rick Davis & Judy Zimmerman – Wright Hall
- 7:30pm Program with James Ford Roshi – Wright Hall
- 9:00pm Late night sitting (30 minutes) – Wright Hall

Saturday

- 7am Early morning sit/chant – Wright Hall
Yoga – Rev. Rudra Dundzila – Creevey Commons Meeting Room
- 8:00am Breakfast – Main Dining Hall
- 8:45am Gather in Silence for Program – Wright Hall
- 9:00am James Ford Roshi program – Wright Hall
- 12:00am Lunch – Main Dining Hall
- 12:45-1:15pm Small Group Discussion / Affinity Groups – various locations TBD
- 1:15pm James Ford Roshi Program – Wright Hall
- 2:30pm Break
- 3:00pm Workshops Round 1 (see below—locations TBD after signups determine #s)
- 4:00pm Break
- 4:15pm Workshops Round 2 (see below—locations TBD after signups determine #s)
- 5:15pm Break
- 5:30pm Dinner / Affinity Groups – Main Dining Hall
- 7:00pm James Ford Roshi Program – Wright Hall
- 9:00pm Late night sitting (30 minutes) – Wright Hall

Sunday

7am	Early morning sit/chant Yoga – Rev. Rudra Dundzila	– Wright Hall – Creevey Commons Meeting Room
8:00am	Breakfast	– Main Dining Hall
9:00am	Conclusion of James Ford Roshi Program	– Wright Hall
10:00am	Small Group Discussion Conclusion / finish cleaning out rooms	
10:30am	UUBF Open Exchange & Organizational Visioning	– Wright Hall
11:15am	Closing Worship – Revs. Florence Caplow and Andrew Moeller	– Wright Hall
12:00pm	Lunch and leave	– Main Dining Hall

Workshop Topics & Locations

Location #1

3:00pm & 4:15pm (two sessions)

A Meeting of Hearts and Minds: Buddhism and Unitarian Universalism

– **Janine Larson**; As Buddhist teaching and practice has flowed into North America it has found a welcome home in many Unitarian Universalist congregations, offering spiritual practices that complement and deepen our experience as UUs. Come join us to share how you have entwined religious practice and explore where this can lead us.

Location #2

3:00pm

The Hidden Lamp: Stories of Awakened Women – Florence Caplow; This workshop will interactively explore koans and teaching stories of awakened Buddhist women from the book *The Hidden Lamp*. Come be inspired by the deep wisdom of women throughout the centuries.

4:15pm

What is Refuge Recovery, and how might it be relevant to UU and Buddhist programming in your congregation? – Michael Preston; In this workshop we will briefly sketch the recent history of Buddhist recovery in N. America, and place Refuge Recovery, a Buddhist path to recovery from addictions of all kinds, within the movement as it has developed in the last year in the Portland and Salem, Oregon areas. Discussion will be created to answer the questions in the title of this workshop. The workshop facilitator will describe some of his experience as a lay volunteer UU Buddhist chaplain working in prisons and hospitals, as this experience informs his perception of the relevance of the Refuge Recovery movement for serving various underserved populations that can be found in UU congregations.

Location #3

3:00pm & 4:15pm (two sessions)

Art, Gate for Playful Inquiry – Amy Darling; Indeed, come play! This will be an experiential workshop. We'll begin with contemplative inquiry with a koan or short text, inviting particular mindfulness of the body and awareness of the heart in response. A vibrant array of art materials will then be available allowing participants to move into visual expression inspired by the text and the inquiry. This practice, inspired by Gregory Kramer's Dharma Contemplation, can be easily adapted to penetrate challenging texts, difficult conversations, and relational blockages.

Location #4

3:00pm

Sharing the Dharma with Children – Nicole Ko'In Newsom; Dharma Rain Center has been offering Buddhist spiritual and educational programs for youth ages 3-18 for over 30 years. They have a Sunday Dharma School, a week long sleep away summer camp and a new Montessori preschool. Ko'in will share what Dharma Rain has learned about what works and doesn't work, and how to engage and involve families in spiritual practice.

4:15pm

UUBF Practice Groups: Starting one, care, feeding and troubleshooting
– UUBF board members

Location #5

3:00pm & 4:15pm (two sessions)

Zen style practice (25 min. sit, 10 min. walk, 25 min. sit)

Location #6

3:00pm

For meditation in your own time and rhythm - till 5:15pm